**Think Measles**

**Measles is a highly infectious, notifiable, vaccine-preventable, acute viral disease. Measles is transmitted via airborne respiratory particles or direct contact with nasal/throat secretions of infected individuals. Measles has been declared a national incident after a surge in cases across the UK and the low uptake.**

Measles symptoms can include:

* Fever
* Conjunctivitis
* Cough
* Runny nose
* Sneezing
* Spots in the mouth
* Rash



Patients are unlikely to get Measles if they have had both does of the MMR vaccination or they have had measles before.

**How to avoid spreading or catching Measles**

**Do**

* Wash your hands often with soap and warm water
* Use tissues when you cough or sneeze
* Throw used tissues in the bin

**Don’t**

* Do not share cutlery, cups, towel, clothes or bedding